| ⏰ | monday | tuesday | wednesday | thursday | friday | saturday | sunday |
|---|---|---|---|---|---|---|---|
| ☑ | • rewrite messy notes<br>• 75 curl ups<br>• 100 russian twist<br>• 100 bike crunch<br>• drink water | • rewrite messy notes<br>• 75 curl ups<br>• 100 russian twist<br>• 100 bike crunch<br>• drink water | • rewrite messy notes<br>• 75 curl ups<br>• 100 russian twist<br>• 100 bike crunch<br>• drink water | • rewrite messy notes<br>• 75 curl ups<br>• 100 russian twist<br>• 100 bike crunch<br>• drink water | • rewrite messy notes<br>• 75 curl ups<br>• 100 russian twist<br>• 100 bike crunch<br>• drink water | water | |
| 5 | !awaken! | !awaken! | !awaken! | !awaken! | !awaken! | 😴 zZz | 😴 zZz |
| 6 | get ready | get ready | get ready | get ready | get ready | | |
| 7 | school | school | school | school | school | !awaken! | !awaken! |
| 8 | | | | | | read | |
| 9 | | | | | | +math -work- | |
| 10 | | | | | | | |
| 11 | | | | | | exersice | |
| 12 | | | | | | | |
| 13 | | | | | | free~time | free~time |
| 14 | | | | | | | |
| 15 | | | | | | | |
| 16 | homework | homework | homework | homework | homework | | |
| 17 | | | | | | | |
| 18 | FREE~TIME free~time | | | | FREE~TIME free~time | | |
| 19 | | | | | | | |
| 20 | | | | | | | |
| 21 | SLEEP | | | | SLEEP | SLEEP | SLEEP |
| 22 | | | | | | | |
| 23 | | | | | | | |
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